

# Aspromonte National Park

## Top 5 Trails

### 1. Montalto Peak Trail (Highest Summit)

**Difficulty:** Moderate to Challenging

**Distance:** ~10 km (round trip)

**Highlights:** Panoramic views, Mount Etna visibility, iron cross at the summit

**Best For:** Experienced hikers & adventure seekers



[Map Data](#)

### 2. Cascade Maesano Waterfall Trail

**Difficulty:** Moderate

**Distance:** ~6 km (round trip)

**Highlights:** Stunning three-tiered waterfall, lush forest paths

**Best For:** Nature lovers & families with older kids



[Map data](#)

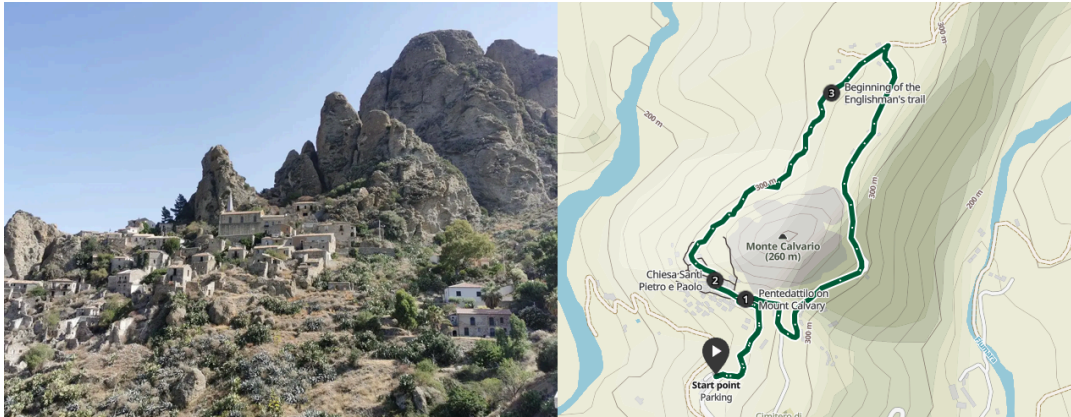
### 3. Pentadattilo Ghost Town Walk

**Difficulty:** Easy

**Distance:** ~3 km (round trip)

**Highlights:** Abandoned village, breathtaking rock formations, history & legends

**Best For:** History buffs & casual hikers



[Map Data](#)

### 4. Sentiero del Brigante (The Brigand's Path)

**Difficulty:** Challenging

**Distance:** ~140 km (multi-day trek)

**Highlights:** Ancient paths, remote villages, stunning landscapes

**Best For:** Experienced trekkers & cultural explorers



<https://www.sentierodelbrigante.it/>

## 5. Valle delle Grandi Pietre Trail

**Difficulty:** Moderate

**Distance:** ~8 km (round trip)

**Highlights:** Unique rock formations, scenic viewpoints, mystical atmosphere

**Best For:** Photographers & geology enthusiasts



<https://www.parconazionaleaspromonte.it/pun-dettaglio.php?id=3174>